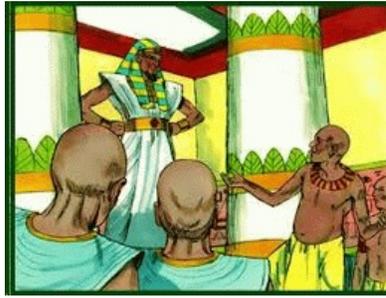


ACCEPTANCE

<p>Scripture Picture?</p>	<p>Joseph's Rise to Power in Egypt: Genesis 41:37-46 John 4:4-14, 27-30 Samaritan Woman at Well</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div>
<p>What's To See?</p>	<p>Open Conversation two people from different between worlds/perspectives/histories. Openness and humility to learn and be directed. Optimism that difference and division can be worked out.</p>
<p>What's to Feel?</p>	<p>Constructive dialogue and sharing are possible. Possibilities of accepting new situations and different ways of thinking & interpreting life. Optimism that people can negotiate and work things out. The same spirit present at Jacob's Well, with Jesus and with Joseph & his brothers is present with us.</p>
<p>What's To Think?</p>	<p>Am I uneasy when I'm around people of different origins than myself? Why was the woman alone? There are times when, like Joseph, I feel lonely or excluded. Are there people who will understand my loneliness and exclusion. Do I think God is able to help me and others work together to achieve acceptance. Achieve acceptance of myself including those parts of me I would like to change.</p>
<p>What's To Do?</p>	<p>Strive to see God's unconditional acceptance of us. Be honestly aware of situations or times that I reject others. To willing repent, desiring to change our perceptions which have excluded others and all to often led to actions contrary to God's will. Be willing to search out and discover examples of acceptance.</p>
<p>What's Not To Do?</p>	<p>Judge myself or others as unlikeable or unacceptable. Take for granted or devalue people or activities that bring about acceptance. Seek acceptance at the cost of losing my own welfare and goals. Put others in danger by offering them experiences which are harmful, addictive or illegal.</p>
<p>Objective</p>	<p>To be able to discover the ability to be accepting of myself To share with someone the current challenges and solutions toward acceptance of others. To be able to put aside the obstacles of competition, pride or jealousy that stand in the way of acceptance. To recognize God's unconditional acceptance of us as a model for our acceptance of others.</p>
<p>Drug and Alcohol Facts and Perspectives</p>	<p>The art of acceptance is the art of making someone who has just done you a small favor wish that he might have done you a greater one. – Martin Luther King, Jr.</p> <p>We are all born with inherent gifts, gifts that cannot be replaced. It would be a loss to the world to not share them with others. Don't allow drugs or alcohol to rob you, and steal the world from the wonder of you.</p>

ACCEPTANCE

Scripture Pictures...



What's To See?

What's to Feel?

What's To Think?

What's To Do?

What's Not To Do?

Objectives:

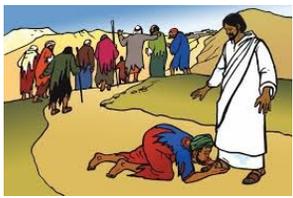
Drug and Alcohol
Facts and Perspectives:

Other Thoughts:

AFFIRMATION

<p>Scripture Picture</p>	<p>The Call of Moses Exodus 3:7-12 Zacchaeus & Jesus: Luke 19:1-10</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div>
<p>What's to See?</p>	
<p>What's to Feel?</p>	
<p>What's To Think?</p>	
<p>What's To Do?</p>	
<p>What's Not To Do?</p>	
<p>Objective</p>	
<p>Drug and Alcohol Facts and Perspectives:</p>	
<p>Other Thoughts:</p>	

APPRECIATION

<p>Scripture Picture?</p>	<p>Ruth and Naomi 1:11-16</p>  <p>Luke 17: 11-19 Ten lepers healed</p> 
<p>What's To See?</p>	<p>Occasions when you or others are acknowledged or recognized for something done. The former lepers that leave only recognize that they are cured. The grateful former leper not only recognizes the cure, but the source of their new life. Ruth's gratitude for having a special Mother-In-Law. Naomi's recognition of Ruth's love and loyalty willingness to stay with her.</p>
<p>What's to Feel?</p>	<p>Satisfaction/pride that something I have done has been recognized. A job well done. What is there right now in my life that I appreciate? What things should I appreciate but don't?</p>
<p>What's To Think?</p>	<p>Certain goals are worth striving for because others will appreciate them. How often do I feel unappreciated? Where and for what do I feel most appreciated?</p>
<p>What's To Do?</p>	<p>Be generous in expressing appreciation to others for their support of me. Appreciate your own gifts - appreciate yourself. Be conscious of people and good things in my own life. Be conscious of those who have few reasons for appreciation.</p>
<p>What's Not To Do?</p>	<p>Don't become discouraged if someone doesn't tell you you're appreciated. Don't look for appreciation in inappropriate places or unhealthy means. Don't let lack of appreciation lead to anger or attention seeking.</p>
<p>Objective</p>	<p>To be appreciative of yourself. To appreciate others gifts. To not hesitate to tell anyone how much you appreciate them. To recognize the times and events when I have felt appreciated and recall past times of appreciation.</p>
<p>Drug and Alcohol Facts and Perspectives:</p>	<p>As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them. – John F. Kennedy</p> <p>To live in gratitude is one of the most powerful experiences possible. Why waste time and energy thinking about the 'have nots'? Drugs and alcohol will remind you constantly of what you do not have.</p>

APPRECIATION

Scripture Picture?	Ruth and Naomi 1:11-16  Luke 17: 11-19 Ten lepers healed 
What's To See?	
What's to Feel?	
What's To Think?	
What's To Do?	
What's Not To Do?	
Objective:	
Drug and Alcohol Facts and Perspectives:	
Other Thoughts:	

CARE

<p>Scripture Picture?</p>	<div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p style="text-align: right;">Jesus the Good Shepherd John 10: 11-17</p> <p>Solomon and the two Mothers Solomon 3:27-28</p>
<p>What's To See?</p>	<p>Recognition and example of true concern. A lamb held and cared for by Jesus.</p>
<p>What's to Feel?</p>	<p>To feel helplessness and/or danger. To feel the need for help The possibility of help. Belief in care from self or others.</p>
<p>What's To Think?</p>	<p>I deserve to be cared for. Am I caring or uncaring about myself? Do others seem uncaring? For what do I need care? Belief that care should come from both myself and others (Limiting enabling).</p>
<p>What's To Do?</p>	<p>Seek out sources and ways to find care. Seek out caring individuals or groups. Look for healthy and lasting care.</p>
<p>What's Not To Do?</p>	<p>Remain uncaring or indifferent. Deny your own or other's need for care. Seek care from the wrong people or experiences. Choose temporary or non transitional sources of care. Give up hope in the unlimited care of God.</p>
<p>Objective</p>	<p>To develop belief and trust in the care of God. To find the sources of care God has placed in our lives.</p>
<p>Drug and Alcohol Facts and Perspectives:</p>	<p>“I think... if it is true that there are as many minds as there are heads, then there are as many kinds of love as there are hearts.” — Leo Tolstoy, Anna Karenina</p> <p>To care for others; to care for the world around you brings life, color and passion to your world. Don't let a day go by that keeps you from that passionate world; care for others. Don't allow drugs and alcohol to hide that passion from you.</p>

CARE

<p>Scripture Picture?</p>	  <p>Solomon and the two Mothers Solomon 3:27-28</p> <p>Jesus the Good Shepherd John 10: 11-17</p>
<p>What's To See?</p>	
<p>What's to Feel?</p>	
<p>What's To Think?</p>	
<p>What's To Do?</p>	
<p>What's Not To Do?</p>	
<p>Objective</p>	
<p>Drug and Alcohol Facts and Perspectives:</p>	
<p>Other Thoughts:</p>	

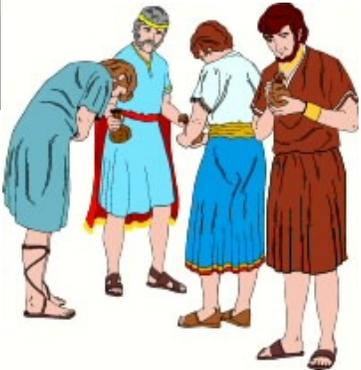
COURAGE

<p>Scripture Picture</p>	<p style="text-align: center;">David: 1 Samuel 17: 49</p> <p style="text-align: center;">Blind Bartimaeus - Mark 10:46-52</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div>
<p>What's to See?</p>	<p>David's courage facing Goliath. Bartimaeus approaching Jesus with trust.</p>
<p>What's to Feel?</p>	<p>The inability caused by fear. The need for the support of others. The effects of fear. Who or what helps me to feel courageous? God's understanding and desire to give courage.</p>
<p>What's To Think?</p>	<p>Times I have been courageous. Times I have lacked courage. I have the ability to be courageous. God's presence through prayer enables courage.</p>
<p>What's To Do?</p>	<p>To identify the courage I already have. To identify people who help me achieve courage. Pay no attention to negative voices. Practice courageous attitudes and actions.</p>
<p>What's Not To Do?</p>	<p>Overlook our ability to be courageous. Buy into negative messages about ourselves. Seek courage through by illusionary and addictive means of drugs and alcohol. Forget about God's help for developing courage.</p>
<p>Objective</p>	<p>To overcome weakness or doubt in achieving goals through healthy means. To be optimistic.</p>
<p>Drug and Alcohol Facts and Perspectives:</p>	<p>Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen. – Winston Churchill</p> <p>This world requires grit and discipline, day in and day out. It offers no sympathy for the slothful and lazy. Don't allow drugs and alcohol to keep you from reaching your goals; not one second is worth it. You can't afford the loss of one second.</p>

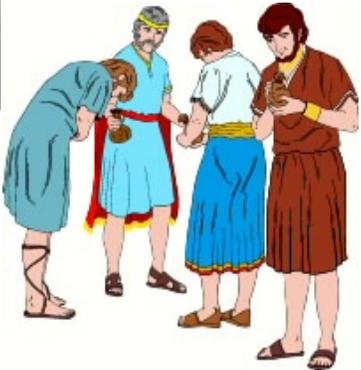
COURAGE

Scripture Picture	David: 1 Samuel 17: 49 	Blind Bartimaeus - Mark 10:46-52 
What's to See?		
What's to Feel?		
What's To Think?		
What's To Do?		
What's Not To Do?		
Objective		
Drug and Alcohol Facts and Perspectives:		
Other Thoughts:		

CREATIVITY

<p>Scripture Picture?</p>	<p>Creation - Genesis 1</p>   <p style="text-align: center;">Parable of the Talents: Matthew 25 14-30</p>
<p>What's To See?</p>	<p>A universe that could not just happen. A person using talents in a creative way.</p>
<p>What's to Feel?</p>	<p>The ability to see and create new possibilities. The possibility of different and creative solutions and forms of unique expression. My ability to be creative.</p>
<p>What's To Think?</p>	<p>I can use my talents in ways I have never done before. God gave us a desire to create new things. God's image and will is to create rather than destroy.</p>
<p>What's To Do?</p>	<p>Involve myself in creative events - arts, literature, physical achievements, sciences. Look for - share - be involved with others who are creative.</p>
<p>What's Not To Do?</p>	<p>Become impatient with efforts of creativity. Associate with others using inappropriate means to feel creative Expect perfection in what I create. Avoid those who seek inappropriate means for feeling creative.</p>
<p>Objective</p>	<p>To reach goals through perspectives and actions that are both practical and unique.</p>
<p>Drug and Alcohol Facts and Perspectives</p>	<p>Making the simple complicated is commonplace; making the complicated simple, awesomely simple, that's creativity. – Charles Mingus</p> <p>Remember the creativity of your youth and do not forget it. Drugs and alcohol are a snare that will only complicate life; and mask your creative abilities.</p>

CREATIVITY

Scripture Picture?	Creation - Genesis 1   <p>Parable of the Talents: Matthew 25 14-30</p>
What's To See?	
What's to Feel?	
What's To Think?	
What's To Do?	
What's Not To Do?	
Objective	
Drug and Alcohol Facts and Perspectives	
Other Thoughts:	

HOPE

<p>Scripture Picture?</p>	<p>1 Kings 8:1-13 The Caring of the Ark of the Covenant</p>   <p>Mark 5:25-34 Woman with hemorrhage</p>
<p>What's To See?</p>	<p>The Ark of The Covenant as a sign of hope. The commandments as a guide and means to fulfill hope. A woman sick with no means of cure. Her facial expression of fear mixed with confidence, her hand touching the tassel.</p>
<p>What's to Feel?</p>	<p>HS: Divine direction for fullness of life. HS: Guidance to distinguish right from wrong. NT: Isolation because of insensitive law. NT: Courage in reaching out and touching Jesus. NT: The sensation that healing had occurred.</p>
<p>What's To Think?</p>	<p>There is a higher power and guidance for life and it's goals. The effectiveness of unwavering faith and perseverance.</p>
<p>What's To Do?</p>	<p>Seek experience and support of God's wisdom and power. See the commandments as relevant and important for my own life.</p>
<p>What's Not To Do?</p>	<p>To doubt the importance and effectiveness of the commandments. To doubt the possibility of God's healing power.</p>
<p>Objective</p>	<p>To recognize the existence of right and wrong. To trust that God can accomplish what we can not.</p>
<p>Drug and Alcohol Facts and Perspectives</p>	<p>"I believe that imagination is stronger than knowledge. That myth is more potent than history. That dreams are more powerful than facts. That hope always triumphs over experience. That laughter is the only cure for grief. And I believe that love is stronger than death." — Robert Fulghum, All I Really Need to Know I Learned in Kindergarten</p> <p>In your darkest days, hope will be your light. Do not ever threaten that light. You cannot afford it going out. Drugs and alcohol will never satisfy; and hopes dwindle.</p>

HOPE

<p>Scripture Picture?</p>	<p>1 Kings 8:1-13 The Caring of the Ark of the Covenant</p>   <p>Mark 5:25-34 Woman with hemorrhage</p>
<p>What's To See?</p>	
<p>What's to Feel?</p>	
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<p>What's To Do?</p>	
<p>What's Not To Do?</p>	
<p>Objective</p>	
<p>Drug and Alcohol Facts and Perspectives</p>	
<p>Other Thoughts:</p>	

RELIEF

<p>Scripture Picture?</p>	<div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;">  <p>Genesis 8:6-12 Noah</p> </div> <div style="text-align: center;"> <p>Luke 15:20 Prodigal Son</p>  </div> </div>
<p>What's To See?</p>	<p>Noah: The fulfillment of trust through evidence of dry land. Prodigal Father and Son: The expression relief and happiness for both.</p>
<p>What's to Feel?</p>	<p>Noah: Astonishment at dove bringing the sign of hope. Noah: The realization of the God's promise of preservation. Prodigal Father: Amazement at the sight of his son. Prodigal Son: Welcomed rather than rejected.</p>
<p>What's To Think?</p>	<p>Destructive choices can be remedied. Support, help and guidance are available. Trust in God makes all things possible.</p>
<p>What's To Do?</p>	<p>Consider possible results of decisions and actions. Belief in the possibility of successful outcomes. Belief in God's power and guidance.</p>
<p>What's Not To Do?</p>	<p>Succumb to desperation and helplessness Reject possibility of alternatives. Refusal to seek resolution. Be pessimistic about solutions. Omit God's power and Guidance from your life.</p>
<p>Objective</p>	<p>To admit helplessness, seek support, find solutions, and trust God.</p>
<p>Drug and Alcohol Facts and Perceptions:</p>	<p style="text-align: center;">“Awoke from nightmare could be a relief.” — Toba Beta, Master of Stupidity</p> <p>I have met many who find themselves begging to find relief from the perils of drugs and alcohol. Don't step in quick sand. It will deceive you.</p>

RELIEF

<p>Scripture Picture?</p>	<p>Genesis 8:6-12 Noah</p>  <p>Luke 15:20 Prodigal Son</p> 
<p>What's To See?</p>	
<p>What's to Feel?</p>	
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<p>What's To Do?</p>	
<p>What's Not To Do?</p>	
<p>Objective</p>	
<p>Drug and Alcohol Facts and Perceptions:</p>	
<p>Other Thoughts:</p>	

SAFETY

<p>Scripture Picture?</p>	<p>Psalm 91:</p>  <p>Luke 10:25-37 Parable of the Good Samaritan</p> 
<p>What's To See?</p>	<p>The need for protection and refuge. The attainment of safety and security,</p>
<p>What's to Feel?</p>	<p>The fulfillment of a promise. The possibility on presence of support in life. Security from a safe environment.</p>
<p>What's To Think?</p>	<p>Think of a time/situation where the feeling of safety was absent. Persons, places and situations that currently cause me to feel unsafe. God's loving strength can assist me in discovering means and persons who can help me find safety. Safety is a possibility in my life.</p>
<p>What's To Do?</p>	<p>Make the decision to be safe. Identify people and means for finding safety. Recognition of threats to safety. Be totally committed to using helpful and safe options. To totally believe in safety through God's, authority, power and guidance.</p>
<p>What's Not To Do?</p>	<p>To accept, endure and enable the presence of unsafe situations in my life. To remain passive instead of considering and acting upon solutions. To allow the challenges of finding safety to overwhelm me.</p>
<p>Objective</p>	<p>To recognize the absence of safety in life and the means to attain it.</p>
<p>Drug and Alcohol Facts and Perceptions:</p>	<p>They who can give up essential liberty to obtain a little temporary safety deserve neither liberty nor safety. – Benjamin Franklin</p> <p>Find your passion and follow your dreams. This will bring liberty to your life. Everyone, no matter what they have done, has a purpose. Keep searching. Don't allow drugs and alcohol to deter you from your path in life.</p>

SAFETY

Scripture Picture?	Psalm 91:  Luke 10:25-37 Parable of the Good Samaritan 
What's To See?	
What's to Feel?	
What's To Think?	
What's To Do?	
What's Not To Do?	
Objective	
Drug and Alcohol Facts and Perceptions:	
Other Thoughts:	

SUCCESS

<p>Scripture Picture?</p>	<p>Cain and Able Genesis 4:3-8</p>  <p style="text-align: right;">The Parable of the Talents Matthew 25:14-30</p> 
<p>What's To See?</p>	<p>Genesis: Outcomes: When failure motivates danger to self or others. Matthew: Outcomes: When belief in success is lacking.</p>
<p>What's to Feel?</p>	<p>Genesis: The tragedy when failure leads to destructive behavior. Matthew: The outcome when fear of failure thwarts even minimal success. Both: Success from having used appropriate means and goals.</p>
<p>What's To Think?</p>	<p>Success can be obtained regardless of the possibility of failure. Difficulty of success shouldn't detour optimism or hope. Failure can be seen as arrows pointing in other directions. God's love for us does not depend on our being successful.</p>
<p>What's To Do?</p>	<p>Have full belief in goals. Choose realistic goals. Have faith that all things are possible with God.</p>
<p>What's Not To Do?</p>	<p>Seeing success as an ultimate proof of self worth. Allow the possibility of failure, to diminish your efforts. Find success through achievements or activities that in reality are harmful.</p>
<p>Objective</p>	<p>To learn what success looks like from God's perspective. To recognizing gifts given us by God for success.</p>
<p>Drug and Alcohol Facts and Perceptions:</p>	<p>The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand. — Vince Lombardi</p> <p>Give this life your best. Don't become distracted and detained from being all that you can possibly be; the very best you. Don't allow drugs and alcohol to steal the world from the real 'you'.</p>

SUCCESS

<p>Scripture Picture?</p>	<p>Cain and Able Genesis 4:3-8</p>  <p>The Parable of the Talents Matthew 25:14-30</p> 
<p>What's To See?</p>	
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