

WHAT TO DO WHEN PERSONS NEED HELP

NEEDS	AGENCIES (Revised April 4, 2017)	PHONE
<p>1. When persons need a free hot meal....</p>	<p>A. <u>St. Anthony Center</u>, 125 E Willow St., Wmspt., Noon - 1 Monday - Friday</p> <p>B. <u>The New Love Center Cafe at Trinity United Methodist Church</u>, 1407 Allegheny St, Jersey Shore, 11-12, M-F, 8:30-12: am</p> <p>C. <u>Sojourner Truth Ministries</u>, 501 High St. (side entrance), Wmspt., Hot Meal Light Breakfast & Hot Lunch: Mon. - Sat. 8:30 a.m.- 1 p.m., Sun. 2 p.m. Fruit & Vegetables available Tues, Day old Bread/Pastry available Wed.</p> <p>D. <u>Antioch Baptist Church</u>, 514 High St. - side entrance - Williamsport Breakfast 8:00-9:30 a.m. Lunch: Noon - 12:45 p.m. Weekdays</p> <p>E. <u>Senior Center Lunches</u> six sites throughout county for people over 60</p> <p>F. <u>West End CCC</u>, 901 Diamond St., Wmspt. 11-12:30, M., T., Wed., F.</p> <p>G. <u>Golden Agers Club</u>, Salvation Army, 457 Market St, T, Th, 9-12</p> <p>H. <u>Senior Lunch</u>, Montoursville Presbyterian, 900 Elm St, 3rd Fridays at Noon</p> <p>I. <u>Christ Episcopal Church</u>, 426 Mulberry St. Wmspt. 1st Saturday supper 4-7 p.m.</p> <p>J. <u>First United Methodist Church</u>, 601 Market St., Wmspt. 5 pm Wednesdays weekly</p> <p>K. <u>St. Paul Calvary United Methodist Church</u>, 1427 Memorial Ave, Wmspt. Supper at 5:30 pm Thursdays Weekly September - May (use back door)</p> <p>L. <u>Redeemer Lutheran Church</u>, 1101 Washington Blvd, Wmspt. 2nd Thursdays monthly Supper at 5:30 pm in the basement Social Hall (Washington Blvd. Door)</p> <p>M. <u>Trinity Episcopal Church</u>, 176 Mt. Pleasant Ave. JS, Noon-1 2nd Sundays-hot lunch</p>	<p>570-326-2244</p> <p>570-244-8838</p> <p>570-323-1797</p> <p>570-323-2425</p> <p>570-323-3096</p> <p>570-323-6297</p> <p>570-326-9187</p> <p>570-368-1595</p> <p>570-322-8160</p> <p>570-322-3572</p> <p>570-322-5054</p> <p>570-322-2333</p> <p>570-398-4007</p>
<p>2. When persons need supplies of additional food.....</p> <p>No appointments needed unless noted.</p>	<p>A. <u>United Churches Food Pantry</u>, Rear 320 Park Ave (the Castellano Ctr.) Wmspt. 10:15 a.m. - 2:30 p.m. Tuesdays and Thursdays. (by appointment)</p> <p>B. <u>Salvation Army</u>, 457 Market St, Wmspt., 9:30 -11:30 a.m. and 1-2:30 p.m. M W F</p> <p>C. <u>American Rescue Workers</u>, 643 Elmira St, Wmspt. M-Th 9 a.m.- 4 p.m.</p> <p>D. <u>New Love Center</u>, St. John's ELCA, 229 S. Broad St. JS, 9-12, 1-3, 2nd & 4th Fridays</p> <p>E. <u>Sonlight House</u>, 130 Carpenter St, Muncy, 7:30 -10 a.m. M, Th & Sat biweekly</p> <p>G. <u>WIC Program</u> 612 W. 4th St, Wmspt. M-F, 8-4 Appointment only. No emergencies (For pregnant, postpartum & breast feeding women, and for children up to age 5.</p> <p>H. <u>Antioch Baptist Church Pantry</u>, 514 High St., Wmspt, M-F 10-12(call ahead)</p> <p>I. <u>West End Food Bank</u>, 901 Diamond St, Wmspt, Call 1st (Incl. Linden/Duboistown, Cogan Station, Ralston etc.) 12:30-3:30 p.m. the 1st 4 Thursdays each month.</p> <p>J. <u>Meals on Wheels</u>, Office of the Aging, 2138 Lincoln St., Wmspt. Weekdays 9:00 a.m.-5 p.m. (Assessments needed - must be homebound and 60+)</p> <p>K. <u>Footprints Food Pantry</u>, Bower Street Ext, Montgomery, 2nd Thurs, 10-5</p> <p>L. <u>St. Joseph the Worker Parish</u>, 711 West Edwin St., Wmspt. Wed. 4-5 pm.</p> <p>M. <u>Christ Community Worship Center</u>, 436 W 4th St., Wmspt. 2nd Sat. 9-Noon</p> <p>N. <u>Lycoming Cty Assistance Office</u>, 400 Little League Blvd, Wmspt. Food Stamps</p>	<p>570-322-1657</p> <p>570-326-9187</p> <p>570-323-8401</p> <p>570-916-1317</p> <p>570-546-3585</p> <p>570-322-7656</p> <p>570-323-2425</p> <p>570-323-1891</p> <p>570-323-3096</p> <p>570-337-7146</p> <p>570-323-9456</p> <p>570-322-7141</p> <p>570-327-3300</p>
<p>3. When persons are homeless...</p>	<p>A. <u>American Rescue Worker's Men's Shelter</u> 643 Elmira Street, Wmspt., 9-4</p> <p>B. <u>YWCA</u> (single women only) - 815 W 4th St., Wmspt.</p> <p>C. <u>Liberty House</u> (women and children) 815 W 4th St. Wmspt</p> <p>D. <u>Family Promise</u> (For Families) 635 Hepburn St, Wmspt (Office/Day Ctr M-F, 9-5)</p> <p>E. <u>Saving Grace Homeless Shelter</u>: 324 Campbell St, Wmspt. referral is needed from the American Rescue Workers or Salvation Army</p>	<p>570-323-8401</p> <p>570-322-4637</p> <p>570-322-4637</p> <p>570-567-7103</p> <p>570-323-8401</p>
<p>4. When persons need rent... (all limited)</p>	<p>A. <u>American Rescue Workers</u> Fridays 9-4 (families a priority) By Appointment</p> <p>B. <u>Dept. Of Welfare</u> Emergency Housing Funds, 8-5 Weekdays 400 Little League Blvd, Wmspt.</p> <p>C. <u>Consumer Credit Counseling</u>...see contact info in 19-O</p>	<p>570-323-8401</p> <p>570-327-3300</p> <p>877-867-4014</p> <p>See 19-O.</p>
<p>5. When persons need jobs or Employment Skills and Services...</p>	<p>A. <u>Career Link Lycoming & Vetrans Svs</u>, 329 Pine St. Wmspt. M-Th 8:30-4:30, F. 9-4</p> <p>B. <u>Counseling/Career Disability Svs</u> Penn College, 1 College Ave., Wmspt. 8-4:30 M-F</p> <p>C. <u>Office of Vocational Rehabilitation</u> (for eligible persons with disabilities) 208 West Third St. - Suite 102 8 am. - 4:30 p.m. Weekdays</p> <p>E. <u>Experience Works</u>, 329 Pine St. (For persons 55+) M-Th. 8-3:30</p>	<p>570-601-5465</p> <p>570-327-4765</p> <p>570-327-3600</p> <p>570-321-5811</p>

<p>6. When Veterans need assistance</p>	<p>A. <u>The Vet Center</u> (benefits, counseling, therapy, housing, meds,) 49 E 4th St. #104 Weekdays 8-4:30 (Employment requests are referred to Career Link see 13A.) B. <u>V A Medical Clinic</u> - Wenner Bld, 1705 Warren Ave Suite 304, M-F. 8-4:30 C. <u>Lycoming County Veterans Affairs</u>, 330 Pine St Ste 401, Wmspt. D. <u>American Legion Post #1</u>, 10 E 3rd St.</p>	<p>570-327-5281 570-322-4791 570-327-2365 570-323-9409</p>
<p>7. When persons need clothing...</p>	<p>A. <u>American Rescue Workers Thrift Store</u>, 141 S. Main St, JS 9-5 M-F, 9-4 Sat B. <u>American Rescue Workers Thrift Store</u>, 335 Rose St., Williamsport (no vouchers) 9 am - 6 p.m. Monday.-Friday., 9am - 4pm Sat. (Items have a minimal cost) C. <u>American Rescue Workers Thrift Store</u>, 643 Elmira Street, Williamsport. Weekdays 9am -5pm , Sat 9 am-4pm (Items have a minimal cost) D. <u>Sonlight House</u> 130 Carpenter St., Muncy, M, Th, Sat 7:30 - 10 E. <u>From Our Hands to Yours</u>, For Kids & Adults, 501 High St. Wmspt. 10-2 M-T-W F. <u>Salvation Army Store</u>, 1445 Dewey Ave, Wmspt. Mon.- Sat.. 9:30 - 4:30, and 530 Lyc. Mall Drive, Pennsdale M-F 9-6, Sat 9-5 G. <u>Daniel's Closet</u>, Redeemer Lutheran Church, 1101 Washington Blvd, Wmspt. Free Clothing for Children and Adults. 9-11 a.m. 4th Saturdays monthly H. <u>West End Christian Community Center</u>, 901 Diamond St, Wmspt. (Nominal fee) Clothes Closet: M,T, Th.F 9 - 2, W 9-12 & 4:30-7, Sat 8:30-Noon Shoe Express: 1st, 3rd Sat: 1 sneakers/socks for kids up to17 (need access card/referral) I. <u>Antioch Baptist Church</u>, 514 High St, Wmspt. Side Entrance, Weekdays 9-1 J. <u>Shepherd of the Streets</u>, 320 Park Ave. Wmspt., 1st pair work shoes or uniform K. <u>Needlework Guild of Am. (Local Chapter)</u>: new outfit, coat or shoes (kids & adults) L. <u>Liberty House Boutique</u>: 815 W 4th St., Wmspt. W 4-7, Th-F 11-5, Sat 10-2 M. <u>Children's Closet</u>: Clothes for Kids 0-6 Castellano Ctr, 320 Park Ave, Wmspt, Tues. 10-2</p>	<p>570-398-4311 570-323-7321 570-323-8401 570-546-3585 570-323-1797 570-327-3035 570-546-5509 570-322-2333 570-323-6297 570-323-2425 570-322-6538 570-323-1707 570-322-4637 N/A</p>
<p>8. When persons need fuel assistance....</p>	<p>A. <u>Department of Welfare</u> (LIHEAP, Regular and Crisis Programs) 400 Little League Blvd, Wmspt., 8:00 a.m. - 5 p.m. weekdays B. <u>United Churches Fuel Bank</u> Administered by STEP Outreach 9 - 5 M-F (Person must have applied for State Funding) C. <u>STEP Office of the Aging</u>, 2138 Lincoln St, Wmspt. 9-5 Weekdays, Seniors 60+ D. <u>STEP Outreach Office</u> 2138 Lincoln Street, Wmspt. 9-5 weekdays</p>	<p>570-327-3497 570-327-5485 570-323-3096 570-327-5485</p>
<p>9. When persons need furniture...</p>	<p>A <u>Sonlight House</u> 130 Carpenter Street, Muncy (When available) M-Th-Sat 7:30-10 B. <u>St. Anthony Center</u> 125 E Willow St., Wmspt. (When available) C. <u>American Rescue Workers Store</u>, 643 Elmira St, Wmspt. Monday - Friday 9-5 D. <u>Salvation Army</u>, 530 Lyc. Mall Dr., Pennsdale M-F 9-6, Sat 9-5 (vouchers) and 1445 Dewey Avenue, Williamsport, Mon.- Sat.. 9-6. E. <u>Expectations for Women</u>, 854 W Third St, Wmspt - Baby furniture M-F 9-6 F. <u>Cribs for Kids/Pack N Play Cribs</u> for newborns, Coroner's Office, 48 W 3rd St, Wmspt. G. <u>American Legion Post #1</u>, 10 E. 3rd St, Wmspt: (available to anyone)</p>	<p>570-546-3585 570-326-2244 570-323-8401 570-546-5509 570-327-3035 570-321-8254 570-327-2305 570-323-9409</p>
<p>10. When persons need pastoral care</p>	<p>A. <u>Shepherd of the Streets Ministry</u> 320 Park Ave. Williamsport. Monday - Thursday, 9 a.m.-Noon and 1-3 p.m. (Both counseling & referral) B. <u>Sojourner Truth Ministries</u>, 501 High Street, Wmspt. 9-3 M-F</p>	<p>570-322-6538 570-323-1797</p>
<p>11. When persons need utility assistance...</p>	<p>A. <u>STEP (Limited)</u> 2138 Lincoln St. 9-5 weekdays (Cap for gas) 800-844-9276 B. <u>PG Energy</u> program (Must be on a payment plan) C. <u>PPL-CARE</u> (electric) (Must be on a payment plan) 8-5 weekdays Operation help program.... a one time payment. D. <u>PPL On Track Program</u> - Through STEP Outreach Office Help for electric bills of eligible persons with reduced monthly payments E. <u>Salvation Army</u>, 457 Market Street (By appointment only) G. <u>Am. Rescue Workers</u>, 643 Elmira St, Wmspt (Limited) Fri-9-4 by app. Ext. 12 H. <u>Public Utility Commission</u>, Insure safe reliable reasonably priced electric, gas, water, telephone. Their decision is final. Determination hotline:</p>	<p>570-327-5485 800-820-8620 800-342-5775 570-368-5267 570-326-9187 570-323-8401 800-692-7380</p>

<p>12. When persons need medical help...</p>	<p>A. <u>St. Anthony Free Clinic</u>, 125 E Willow St., Wmspt 7-8:30 p.m. Mon., and 11-12:30 Wed.; Physicals at 10 on Fridays (<i>appointment needed - call Mon. or Wed.</i>). B. <u>Susquehanna Community Health Center</u>, 471 Hepburn Street Mon-Fri - 8:30-11:30, 1-4:30. appointments required C. <u>SHS Community Dental Clinic</u> 469 Hepburn Street, Hepburn Plaza, 7:45 a.m. - 5:30 p.m. (Accepts medical assistance) Appointments required D. <u>Healthy Kids Help-Line</u> Medical info and help for uninsured children E. <u>Healthy Baby Help-Line</u> for infants and pre-natal F. <u>Adult Health Insurance</u> information/referral or basic insurance G. <u>Lead Information Line</u> H. <u>STEP Office of the Aging</u>, 2138 Lincoln St, In home services and referral for elderly I. <u>Hepatitis Testing and Care</u> - Susquehanna Health System - Call for info. J. <u>Pennsylvania Department of Health</u>, 1000 Commerce Park Drive K. <u>Hearing Aids Lions Club International Hearing Pgm.</u> - Art Girio L. <u>Penn College</u> - 1 College Ave, Wmspt - Routine Dental Cleaning & Check-up M. <u>Shepherd of the Streets</u>, 320 Park Ave, Wmspt., Eyeglass/Dental Surgery Ast. N. <u>Rural Health Care Marketplace</u>, 471 Hepburn St. Wmspt. Weekdays 8-5 Q. <u>Healthy Women Project</u>, 699 Rural Avenue, Suite 202, Wmspt. Free pap tests, mammogram for ages 40-60 with no/limited insurance and low/moderate income R. <u>PA Health Law Project</u>, helps low income families/disabled/elderly obtain health care</p>	<p>570-326-2566 570-567-5400 570-567-5430 800-986-5437 800-986-2229 800-462-2742 800-440-5323 570-323-3096 570-321-1000 570-327-3400 570-326-1793 570-327-4500 570-322-6538 570-560-3035 570-321-3131 800-274-3258</p>
<p>13. When persons need help with prescriptions...</p>	<p>A. <u>Shepherd of the Street</u>, 320 Park Ave., Wmspt. 9-12, 1-3 Mon - Thurs B. <u>PaceNet & Pace</u> - Office of the Aging 60+, 2138 Lincoln St., Wmspt. Weekdays 9-5 C. <u>PA Patient Assistance Program</u>, Dept. Of Public Assistance, 400 Little League Blvd, Wmspt. for 19-64 year olds not receiving Medicaide</p>	<p>570-322-6538 570-323-3096 570-327-3497</p>
<p>14. When persons face HIV/AIDS</p>	<p>A. <u>AIDS Resource</u>, 500 W 3rd St, Wmspt. 9:00 a.m.-5:00 p.m. Weekdays (Support services for those infected and affected with HIV or AIDS) B. <u>PA. Department of Health</u>, 1100 Commerce Park Drive, Suite 109 Wmspt.</p>	<p>570-322-8448 570-327-3400</p>
<p>15. When persons need transportation</p>	<p>A. <u>Am. Rescue Wks</u>, 643 Elmira St, Wmspt. Emergencies only. Limited (By appointment) B. <u>STEP Transportation</u> (Step Van) 1-800-222-2468 or C. <u>Shepherd of the Streets</u>, 320 Park Avenue., Wmspt, 9-12, 1-3 M - Th D. <u>STEP Office of the Aging</u>, 2138 Lincoln St, Free bus pass for seniors 60-64 E. <u>American Cancer Society</u>, Road to Recovery Program (medical appts.)</p>	<p>570-323-8401 570-323-7575 570-322-6538 570-323-3096 800-ACS-2345</p>
<p>16. When persons have serious drug & alcohol problems....</p>	<p>A. <u>West Branch Drug and Alcohol Abuse & Tobacco Addiction Commission</u> Case Management Unit, 213 W. 4th St., Wmspt 7:30 - 4 M-F (call anytime) B. <u>Psychological Services</u> (Outpatient therapy) Bloomsburg 9-5 Weekdays C. <u>Alcoholics Anonymous - District 48</u> PO Box 303, Williamsport 17701 D. <u>AlAnon and AlaTeen</u> Williamsport Hospital Conf. Rm 1B, 7 pm Sun. E. <u>Narcotics Anonymous</u>, PO Box 1161, Williamsport 17701 F. <u>Alcohol and Drug 24 Hour Referral Line</u> G. <u>White Deer Run</u> - Lock Haven H. <u>Valley Prevention</u> - 520 W 4th St. Wmspt. Suite 2B I. <u>Susquehanna NW Human Svs. Outpatient Mental Health Drug & Alcohol Counselling</u>, 520 W 4th St. Suite 2A, Wmspt. J. <u>White Deer Run</u> - Devitts Camp Road, Allenwood K. <u>White Deer Run Outpatient Treatment</u> - 901 Westminster Drive, Wmspt L. <u>Crossroads Counseling</u>; 501 E 3rd St. Wmspt. M-Th 8am-9pm, F&S, 8-2 or 8 N. Grove St, Lock Haven, M-Th 8-8, F 8-1 or 444 E. College Ave Suite 460 State College, M-Th 8am-9pm, F, 8-2</p>	<p>570-323-8543 570-389-1249 570-327-2860 800-344-2666 570-327-2678 800-821-4357 570-893-8100 570-323-9940 570-322-1216 800-255-2335 570-321-6127 570-323-7535 570-893-1886 814-231-0940</p>

<p>17. When persons are <i>mentally or emotionally disturbed & or suicidal...</i></p>	<p>A. <u>Lycoming/Clinton MH/MR and Children and Youth</u> (24 hr.) 200 East St Wmspt. B. <u>Diakon Family Life Services</u>, 435 W 4th St 8-8 M-Th, 8-5 F, Monday - Thursday 8-8, Friday - 8-4. Family, Individual, Marital & Suicide Counseling C. <u>Suicide Hotline</u>: National: 1-800-SUICIDE(784-2433) Lycoming Cty Crisis Int. D. <u>Heartworks</u>: Children's Bereavement Specialists, 1100 Grampian Blvd. Suite 383, Wmspt E. <u>Crossroads Counseling</u>: 501 E 3rd St. Wmspt. M-Th 8am-9pm, F&S, 8-2 or 8 N. Grove St, Lock Haven, M-Th 8-8, F 8-1 or 444 E. College Ave Suite 460 State College, M-Th 8am-9pm, F, 8-2</p>	<p>570-326-7895 570-322-7873 570-326-7895 570-320-7691 570-323-7535 570-893-1886 814-231-0940</p>
<p>18. When persons have <i>a specific need...</i></p>	<p>A. <u>Crisis Hotline</u> 24 hour National Crisis Service B. <u>Special Kids Network & Parent to Parent Information and Referral</u>. Help for kids with disability/health conditions State office, Harrisburg C. <u>Child Safety Seat Inspection</u> - Free - by appointment: Wmspt Bureau of Fire, 440 Walnut St, or Old Lycoming Township Vol. Fire Company, 1600 Dewey Ave, Wmspt. D. <u>STEP Inc.</u> 2138 Lincoln St, PO Box 3568, Day Care / Head Start, Weatherization, Training Programs. E. <u>STEP Inc.</u> 2138 Lincoln St, Funded Child Care. F. <u>Center for Independent Living</u> 210 Market St. #A. Serves disabled, M-F 8-4:30 G. <u>North Penn Legal Svcs</u> 329 Market St, Wmspt.8:30 - 4:30 Weekdays Civil cases only. Eligibility based on income and household size. H. <u>Domestic Violence and Sexual Assault Hotline/Shelter</u> - 815 W 4th St. Wmspt. For victims of crimes - in crisis - With transient services for Women and Children I. <u>Expectations Women's Center</u> 854 W 3rd St (Counseling, Care & Supplies) M & W - 10 am-5 pm, T & Th - 10 am-7 pm, F 10 am-1 pm 24 hr hotline J. <u>West End Christian Comm. Ctr</u> Limited Vouchers -diapers 901 Diamond St, Wmspt. K. <u>Firetree Place</u>. 600 Campbell St, Wmspt Educational, Recreational, Community pgms, for children-youth-adults L. <u>N.W.PA Optical Clinic</u> 901 Diamond St, Wmspt. appointments needed New prescription classes to low/moderate income persons, \$36 starting price M. <u>North Central Sight Services</u> 2121 Reach Rd, Wmspt., W-F 8:30-4:30 vision N. <u>Shepherd of the Streets</u>, 320 Park Avenue, Wmspt., Birth Certificates and ID's O. <u>Advantage Credit Counseling</u>, 201 Basin St. Suite 6, Wmspt. Mediation - advocacy - budgeting M, T, W & F., 8:30-4:30, Th. 11-7, Sat. by appointment P. <u>Hearing Loss</u>, 901 Diamond St, Wmspt 2nd Thursdays each month e-mail contacts only: tybergkay7376@yahoo.com Q. <u>Yokefellowship Prison Ministry</u>, 1200 Almond Street, Williamsport R. <u>Habitat</u>, 355 Rose St., Wmspt, <u>Restore</u>, 336 Rose St. Wmspt., 9-4 W-F, 8-3 Sat, S. <u>Journey House</u>, Transitional housing program: New Covenant United Church of Christ T. <u>Maribito Housing</u>, Inexpensive housing and links to government programs</p>	<p>211 800-784-2433 570-326-4980 570-327-1602 570-323-1665 800-986-4550 570-326-0587 570-601-9703 570-327-9070 570-323-8741 570-323-8167 800-326-8483 570-321-8254 800-395-HELP 570-323-6297 570-360-9946 570-601-3399 570-323-9401 570-322-6538 800-922-9537 NA 570-326-6868 570-322-2515 570-326-3308 570-329-3588</p>
<p>19. Additional Resources</p>	<p>A. <u>Lyc. Cty. Clearinghouse</u>: % ARW, 326 Bridge St, Wmspt. Information verification for providers kimarw@chilitech.net B. If you still need help finding a resource call..... C. <u>Favors Forward</u> - email: favorsforward@gmail.com www.favorsforward.weebly.com</p>	<p>570-323-8401 Extension 112 211 570-326-3805</p>

Free Meals Offered by Meal: (See information in part 1 for details)

Breakfast:

The New Love Center at Trinity UMC, JS
Sojourner Truth Ministries, Wmspt.
Antioch Baptist Church, Wmspt.

West End CCC, Wmspt.

Trinity Episcopal Church, JS - 2nd Sundays
Golden Agers Club, Salvation Army, Wmspt.
Senior Lunch, Montoursville Presbyterian, 3rd Fridays

Lunch:

St. Anthony Center, Wmspt.
The New Love Center, Trinity UMC , JS
Sojourner Truth Ministries, Wmspt.
Antioch Baptist Church, Wmspt
Senior Center Lunches

Supper

First UMC, Wmspt. Wednesdays
St. Paul Calvary UMC, Wmspt. Thursdays
Redeemer Lutheran Church, Wmspt, 2nd Thursdays
Christ Episcopal Church, Wmspt., 1st Saturday